

May 2024

Wyndmere Senior Center

439-2907

**Home Delivered Meals, Carry Out Meals and Congregate Meals are a suggested donation of \$4.00 per meal for people 60 + and their spouse of any age.
Under 60 is a charge of \$9.00 per meal.
All meals include 1% milk. Menus are subject to change.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Chili Baked Potato Fresh Plums Bread x2	3
6 Honey Chicken Glazed Sweet Potatoes Beets Pear Dessert Bake Bread x2	7 Herb & Mustard Crusted Pork Loin Potatoes & Onions Brussels Sprouts / Bacon Blueberries Bread x2	8 Roast Turkey / Gravy Mashed Potatoes Parslied Carrots Blushing Pineapple Bread x2	9 CLOSED Southern Valley Aging Expo Wahpeton Community Center 11am – 3pm	10
13 Herb Roasted Salmon Rosemary Potatoes Lemon Walnut Broccoli Apricots Bread x2	14 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	15	16 Sweet and Sour Chicken White & Wild Rice Blend Japanese Stir Fry Marinated Vegetable Salad Strawberries Bread	17
20 Beef Steak & Gravy Mashed potatoes Green beans /thyme Mandarin Oranges Bread x2	21 Caprese Chicken Carrot Pineapple Salad Sicilian Blend Veggies Watermelon Bread x2	22	23 Tangy Meatloaf Parslied Potatoes Country Blend Veggies Fruit Cocktail Bread x2	24
27 CLOSED	28 Pork Chop / Mushroom Sauce Seasoned Egg Noodles Lemon Asparagus Marinated Cucumbers Kiwi Bread	29 Scrambled Egg Seasoned Steak Hash Browns Orange Vinaigrette Veggies Banana Bread x2 Jelly	30 Parmesan Baked Cod Sweet Potato Hash Summer Slaw Garlic Toast Cantaloupe	31