


## APRIL 2026 MENU

FARGO MEALS ON WHEELS & TAKE OUT MEALS AT CENTERS - TO MAKE A RESERVATION AT YOUR LOCAL MEAL SITE PLEASE CALL BEFORE 12:00 NOON ONE DAY IN ADVANCE


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Meatsauce on WW Rotini Pasta Steamed Cauliflower Steamed Broccoli WW Breadstick Fruit Cocktail	<b>2</b> Smothered Pork Chop Baked Potato Hawaiian Coleslaw WW Bread x2 Fresh Fruit	<b>3</b> Good Friday Closed
<b>6</b> Baked Chicken Thigh Rosemary Roasted Potatoes Diced Beets WW Bread x2 Pears	<b>7</b> Lemon Pepper Fish Vegetable Rice Pilaf Creamed Carrots Green Beans WW Bread Fresh Fruit	<b>8</b> Chicken & Noodles Mixed Vegetables Tossed Salad WW Bread Fresh Fruit	<b>9</b> Bronze Pork Chop Scalloped Potatoes Seasoned Brussels Sprouts WW Bread x2 Fresh Fruit	<b>10</b> Chicken Fajita on WW Tortilla Brown Rice Black Beans Steamed Corn Lime Jello w/Pears
<b>13</b> Potato Chip Fish WW Bun Baked Sweet Potato Green Beans Almondine Mandarin Oranges	<b>14</b> Lutheran Hotdish Steamed Peas Winter Blend Vegetables WW Bread Fresh Fruit	<b>15</b> Tarragon Chicken Parsley Buttered Potatoes Crinkle Cut Carrots WW Bread x2 Fresh Fruit	<b>16</b> Country Meatballs Mashed Potatoes Steamed Broccoli WW Breadstick Peaches	<b>17</b> Stir Fry Pork Brown Rice Mixed Vegetables Tossed Salad WW Bread Applesauce
<b>20</b> Salisbury Steak Mashed Potatoes Stewed Tomatoes WW Bread x2 Fruit Cocktail	<b>21</b> Smothered Chicken Au Gratin Potatoes California Blend WW Bread x2 Cinnamon Applesauce	<b>22</b> Citrus Glazed Fish Vegetable Rice Pilaf Baked Sweet Potato Seasoned Peas WW Bread Pears	<b>23</b> Sloppy Joe WW Bun Baked Potato Parslied Carrots Orange Jello w/ Mandarin Oranges	<b>24</b> Chicken Wild Rice Hotdish Steamed Corn Green Beans WW Dinner Roll Fresh Fruit
<b>27</b> Orange Chicken Dumplings Crinkle Cut Carrots Winter Blend Vegetables Pears	<b>28</b> Tuna Noodle Hotdish Peas & Carrots Green Beans WW Bread Fresh Fruit	<b>29</b> Pork Sausage Pattie WW Biscuit Cubed Potatoes Steamed Broccoli Grape Juice	<b>30</b> BBQ Chicken Thigh Baked Potato Maple Dijon Brussels Sprouts WW Bread x2 Mandarin Oranges	

FOR MEALS ON WHEELS CONTACT THE MAIN OFFICE AT 701-293-1440 ALL MEALS INCLUDE 8 oz 1% MILK MENU SUBJECT TO CHANGE

To reserve a meal at a site, please call:  
**Ed Clapp..... 701-298-3976**  
**Trollwood ..... 701-298-3975**  
**Broadway Station..... 701-232-7936**

## APRIL 2026 MENU

WEST FARGO and CASSELTON MEALS ON WHEELS, CONGREGATE & TAKE OUT MEALS  
 WFACTP - West Fargo High Rise 230 8th Ave. West

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Meatsauce on WW Rotini Pasta Steamed Cauliflower Steamed Broccoli WW Breadstick Fruit Cocktail	<b>2</b> Smothered Pork Chop Baked Potato Hawaiian Coleslaw WW Bread x2 Fresh Fruit	<b>3</b> Good Friday Closed
<b>6</b> Baked Chicken Breast Rosemary Roasted Potatoes Diced Beets WW Bread x2 Pears	<b>7</b> Lemon Pepper Fish Vegetable Rice Pilaf Creamed Carrots Green Beans WW Bread Fresh Fruit	<b>8</b> Chicken & Noodles Mixed Vegetables Tossed Salad WW Bread Fresh Fruit	<b>9</b> Bronze Pork Chop Scalloped Potatoes Seasoned Brussels Sprouts WW Bread x2 Fresh Fruit	<b>10</b> Chicken Fajita on WW Tortilla Brown Rice Black Beans Steamed Corn Lime Jello w/Pears
<b>13</b> Potato Chip Fish WW Bun Baked Sweet Potato Green Beans Almondine Mandarin Oranges	<b>14</b> Lutheran Hotdish Steamed Peas Winter Blend Vegetables WW Bread Fresh Fruit	<b>15</b> Tarragon Chicken Parsley Buttered Potatoes Crinkle Cut Carrots WW Bread x2 Fresh Fruit	<b>16</b> Country Meatballs Mashed Potatoes Steamed Broccoli WW Breadstick Peaches	<b>17</b> Stir Fry Pork Brown Rice Mixed Vegetables Tossed Salad WW Bread Applesauce
<b>20</b> Salisbury Steak Mashed Potatoes Stewed Tomatoes WW Bread x2 Fruit Cocktail	<b>21</b> Smothered Chicken Au Gratin Potatoes California Blend WW Bread x2 Cinnamon Applesauce	<b>22</b> Citrus Glazed Fish Vegetable Rice Pilaf Baked Sweet Potato Seasoned Peas WW Bread Pears	<b>23</b> Sloppy Joe WW Bun Baked Potato Parslied Carrots Orange Jello w/ Mandarin Oranges	<b>24</b> Chicken Wild Rice Hotdish Steamed Corn Green Beans WW Dinner Roll Fresh Fruit
<b>27</b> Orange Chicken Dumplings Crinkle Cut Carrots Winter Blend Vegetables Pears	<b>28</b> Tuna Noodle Hotdish Peas & Carrots Green Beans WW Bread Fresh Fruit	<b>29</b> Pork Sausage Pattie WW Biscuit Cubed Potatoes Steamed Broccoli Grape Juice	<b>30</b> BBQ Chicken Breast Baked Potato Maple Dijon Brussels Sprouts WW Bread x2 Mandarin Oranges	

FOR MEALS ON WHEELS CONTACT  
 THE MAIN OFFICE AT 701-293-1440  
 ALL MEALS INCLUDE 8 oz 1% MILK  
 MENU SUBJECT TO CHANGE

**To reserve a congregate or take out meal,  
 call before noon at least one day in advance**

**West Fargo ..... 551-5881  
 Casselton ..... 347-8219  
 Meals on Wheels ..... 293-1440**