

## March 2025 - Cogswell and Forman

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.  
 Under 60 is a charge of \$11.75 per meal.  
 All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Chili w/ Beans Baked Potato Applesauce Cornbread	<b>4</b> Turkey a la King Fluffy Rice Pacific Blend Veggies - 1 cup Fresh Grapes Biscuit RTB	<b>5</b> Country Beef & Vegetable Soup Egg Salad on Wheat Tomato & Cucumber Salad Lettuce and Tomato Slice Pear	<b>6</b> Fish & Chips / Tartar Sauce Coleslaw Tropical Fruit Lemon Wedge Dinner Roll	<b>7</b>          <b>CLOSED</b>
<b>10</b> Beef Tips & Mushroom in Gravy Onion Mashed Potato California Blend Veggies Peaches Bread x2	<b>11</b> Sweet & Sour Chicken Brown Rice Japanese Stir Fry Veggies - 1 C Potstickers Orange	<b>12</b> Spagetti & Meat Sauce Peas & Carrots Banana Breadstick Parmesan Cheese German Chocolate Cake	<b>13</b> BBQ Ribs Peas Baked potato / Sour Cream Fruit Cocktail Bread x2	<b>14</b>          <b>CLOSED</b>
<b>17</b> Corned Beef & Cabbage Roasted Red Potatoes Glazed Carrots Rye Bread-2 Seafoam Salad	<b>18</b> Country Ham Scalloped Potatoes Malibu Blend Veggies Deluxe Fruit Bread x2	<b>19</b> Beef Steak & Gravy Mashed Potatoes Mixed Veggies Berry Crisp Dinner Roll	<b>20</b> Crispy Beef Tacos Chuckwagon Corn Refried Beans Cherry Fruit Salad	<b>21</b>          <b>CLOSED</b>
<b>24</b> Zucchini & Cucumber Salad Grandmas Hotidsh Italian Green Beans Garlic WG Breadstick Honeydew	<b>25</b> Manhattan Meatballs Brown Rice House Salad Country Blend Veggies Seasonal Fresh Fruit Bread x 1	<b>26</b> Honey Roast Pork Chop Stewed Summer Squash Fresh Fruit Salad Hot Spiced Apples Dinner Roll	<b>27</b> Chicken & Dumplings Capri Blend Veggies House Salad Strawberries & Yogurt Biscuit	<b>28</b>          <b>CLOSED</b>
<b>31</b> Sloppy Joe / Bun Baked Beans Potato Wedges Mandarin Oranges				

# March 2025 - Milnor

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<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>CLOSED</b>	Turkey a la King Fluffy Rice Pacific Blend Veggies - 1 cup Fresh Grapes Biscuit RTB	Tuna Noodle Casserole California Blend Veggies Wheat Dinner Roll Whole Orange	Caprese Chicken Lemon Dill Orzo Green & Gold Beans - 1 Cup Pears Bread x1	Fish & Chips / Tartar Sauce Coleslaw Tropical Fruit Lemon Wedge Dinner Roll
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>CLOSED</b>	Beef Tips & Mushroom in Gravy Onion Mashed Potato California Blend Veggies Peaches Bread x2	Spagetti & Meat Sauce Peas & Carrots Banana Breadstick Parmesan Cheese German Chocolate Cake	BBQ Ribs Peas Baked potato / Sour Cream Fruit Cocktail Bread x2	Broccoli Cheese Soup / Crackers Coleslaw Cottage Cheese and Fruit Banana Bread
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>CLOSED</b>	Denver Scramble O'Brien Potatoes Roasted Veggies Banana WG Bagel / Jelly	Beef Steak & Gravy Mashed Potatoes Mixed Veggies Berry Crisp Dinner Roll	Crispy Beef Tacos Chuckwagon Corn Refried Beans Cherry Fruit Salad	Country Ham Scalloped Potatoes Malibu Blend Veggies Deluxe Fruit Bread x2
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>CLOSED</b>	Manhattan Meatballs Brown Rice House Salad Country Blend Veggies Seasonal Fresh Fruit Bread x 1	Honey Roast Pork Chop Stewed Summer Squash Fresh Fruit Salad Hot Spiced Apples Dinner Roll	Tuna Melt Sandwich Rosemary Potatoes Tomato Cucumber Salad Lettuce, Tomato, Onion Peaches	Sloppy Joe / Bun Baked Beans Potato Wedges Mandarin Oranges
<b>31</b>				
<b>CLOSED</b>				

# March 2025 - Rutland

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<b>10</b> Beef Tips & Mushroom in Gravy Onion Mashed Potato California Blend Veggies Peaches Bread x2	<b>11</b> Sweet & Sour Chicken Brown Rice Japanese Stir Fry Veggies - 1 C Potstickers Orange	<b>12</b> Spagetti & Meat Sauce Peas & Carrots Banana Breadstick Parmesan Cheese German Chocolate Cake	<b>13</b> BBQ Ribs Peas Baked potato / Sour Cream Fruit Cocktail Bread x2	<b>14</b>          <b>CLOSED</b>
<b>17</b> Corned Beef & Cabbage Roasted Red Potatoes Glazed Carrots Rye Bread-2 Seafoam Salad	<b>18</b> Country Ham Scalloped Potatoes Malibu Blend Veggies Deluxe Fruit Bread x2	<b>19</b> Beef Steak & Gravy Mashed Potatoes Mixed Veggies Berry Crisp Dinner Roll	<b>20</b> Crispy Beef Tacos Chuckwagon Corn Refried Beans Cherry Fruit Salad	<b>21</b>          <b>CLOSED</b>
<b>24</b> Zucchini & Cucumber Salad Grandmas Hotidsh Italian Green Beans Garlic WG Breadstick Honeydew	<b>25</b> Manhattan Meatballs Brown Rice House Salad Country Blend Veggies Seasonal Fresh Fruit Bread x 1	<b>26</b> Honey Roast Pork Chop Stewed Summer Squash Fresh Fruit Salad Hot Spiced Apples Dinner Roll	<b>27</b> Chicken & Dumplings Capri Blend Veggies House Salad Strawberries & Yogurt Biscuit	<b>28</b>          <b>CLOSED</b>
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