

## June 2025 - Cogswell & Forman

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.  
 Under 60 is a charge of \$11.75 per meal.  
 All meals include 1% milk. Menus are subject to change.

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY        |
|--|--|---|---|---------------|
| <b>2</b>   | <b>3</b>   | <b>4</b>  | <b>5</b>  | <b>6</b>      |
| French Dip Sandwich<br>Red Potatoes w/ Garlic<br>Sweet & Sour Beets<br>Kiwi                                      | Beef Enchiladas<br>Southwest Corn<br>Black Bean Salad<br>Mandarin Orange                               | Chicken Monterey<br>Brown Rice<br>Prince Edward Veggie <b>1 cup</b><br>Watermelon<br>Breadstick | Hamburger Steak<br>Squash<br>Brussel Sprouts & Tomatoes<br>Fresh Pineapple<br>Bread x2            | <b>CLOSED</b> |
| <b>9</b>   | <b>10</b>  | <b>11</b>   | <b>12</b>   | <b>13</b>     |
| Spaghetti & Meat Sauce<br>Green Beans<br>Parmesan Cheese<br>Apple<br>Garlic Bread                                | Pulled BBQ Chicken<br>Ranch Beans<br>Corn Cobbette<br>Fresh Strawberries<br>Cornbread                  | BBQ Beef Short Ribs<br>Cheesy Hashbrowns<br>Southwest Mixed Beans<br>Cake<br>Bread x2           | Swedish Meatballs<br>Mashed Potatoes<br>Scandinavian Blend Veggies<br>Fruit<br>Bread x2           | <b>CLOSED</b> |
| <b>16</b>  | <b>17</b>  | <b>18</b>   | <b>19</b>   | <b>20</b>     |
| Sloppy Joe<br>Potato Wedges<br>Baked Beans<br>Orange<br>Wheat Bun  | Pork Wings<br>Egg Noodles in Gravy<br>Capri Blend Veggies<br>House Salad<br>Strawberries<br>Wheat Roll | Italian Pasta Bake<br>House Salad<br>Italian Blend Veggies<br>Grapes<br>Bread x1                | Teriyaki Chicken<br>Sesame Brown Rice<br>Asian Blend Veggies<br>Vegetable Egg Roll<br>Apple Crisp | <b>CLOSED</b> |
| <b>23</b>  | <b>24</b>  | <b>25</b>   | <b>26</b>   | <b>27</b>     |
| Baked Chicken Thigh<br>Cheesy Rice Casserole<br>Parslied Zucchini<br>Spring Salad<br>Peaches & Cream<br>Bread x1 | Beef Lasagna<br>Herbed Green Beans - 1 Cup<br>Cantaloupe<br>Breadstick                                 | Honey Roast Pork Chop<br>Baby Carrots<br>Fresh Fruit Salad<br>Hot Spiced Apples<br>Wheat Roll   | Ham & Beans<br>Baked Potato<br>Pears<br>Corn Muffin   | <b>CLOSED</b> |
| <b>30</b>  |  |   |   |               |
| Fish Sandwich w/ Tartar<br>Lettuce Tomato Onion<br>Au gratin Potatoes<br>Cinnamon Applesauce<br>Wheat Bun        |  |   |   |               |

## June 2025 - Milnor

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All meals include 1% milk. Menus are subject to change.

| MONDAY        | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   |
|---------------|---|--|---|--|
| <b>2</b>      | <b>3</b>  | <b>4</b>   | <b>5</b>  | <b>6</b>   |
| <b>Closed</b> | Beef Enchiladas<br>Southwest Corn<br>Black Bean Salad<br>Mandarin Orange          | Chicken Monterey<br>Brown Rice<br>Prince Edward Veggie <b>1 cup</b><br>Watermelon<br>Breadstick          | Hamburger Steak<br>Squash<br>Brussel Sprouts & Tomatoes<br>Fresh Pineapple<br>Bread x2            | Herbed Fish<br>Potatoes & Onions<br>Key Biscayne Blend Veggies<br>Cran Apple Cobbler<br>Bread x1                 |
| <b>9</b>      | <b>10</b>   | <b>11</b>  | <b>12</b>   | <b>13</b>  |
| <b>Closed</b> | Spaghetti & Meat Sauce<br>Green Beans<br>Parmesan Cheese<br>Apple<br>Garlic Bread | BBQ Beef Short Ribs<br>Cheesy Hashbrowns<br>Southwest Mixed Beans<br>Cake<br>Bread x2                    | Peach French Toast Bake<br>Scrambled Egg<br>Breakfast Potatoes<br>Low Cal Syrup<br>Banana         | Swedish Meatballs<br>Mashed Potatoes<br>Scandinavian Blend Veggies<br>Fruit<br>Bread x2                          |
| <b>16</b>     | <b>17</b>   | <b>18</b>  | <b>19</b>   | <b>20</b>  |
| <b>Closed</b> | Sloppy Joe<br>Potato Wedges<br>Baked Beans<br>Orange<br>Wheat Bun                 | Italian Turkey Meatloaf<br>Boiled Potatoes<br>Green Beans with Thyme<br>Berry Crisp<br>Wheat Dinner Roll | Teriyaki Chicken<br>Sesame Brown Rice<br>Asian Blend Veggies<br>Vegetable Egg Roll<br>Apple Crisp | Italian Pasta Bake<br>House Salad<br>Italian Blend Veggies<br>Grapes<br>Bread x1                                 |
| <b>23</b>     | <b>24</b>   | <b>25</b>  | <b>26</b>   | <b>27</b>  |
| <b>Closed</b> | Beef Lasagna<br>Herbed Green Beans - 1 Cup<br>Cantaloupe<br>Breadstick            | Honey Roast Pork Chop<br>Baby Carrots<br>Fresh Fruit Salad<br>Hot Spiced Apples<br>Wheat Roll            | Ham & Beans<br>Baked Potato<br>Pears<br>Corn Muffin   | Baked Chicken Thigh<br>Cheesy Rice Casserole<br>Parslied Zucchini<br>Spring Salad<br>Peaches & Cream<br>Bread x1 |
| <b>30</b>     |   |  |   |  |
| <b>Closed</b> |   |  |   |  |

## June 2025 - Rutland

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| <b>9</b>   | <b>10</b>  | <b>11</b>   | <b>12</b>   | <b>13</b>     |
| Spaghetti & Meat Sauce<br>Green Beans<br>Parmesan Cheese<br>Apple<br>Garlic Bread                                | Pulled BBQ Chicken<br>Ranch Beans<br>Corn Cobbette<br>Fresh Strawberries<br>Cornbread                  | BBQ Beef Short Ribs<br>Cheesy Hashbrowns<br>Southwest Mixed Beans<br>Cake<br>Bread x2           | Swedish Meatballs<br>Mashed Potatoes<br>Scandinavian Blend Veggies<br>Fruit<br>Bread x2           | <b>CLOSED</b> |
| <b>16</b>  | <b>17</b>  | <b>18</b>   | <b>19</b>   | <b>20</b>     |
| Sloppy Joe<br>Potato Wedges<br>Baked Beans<br>Orange<br>Wheat Bun  | Pork Wings<br>Egg Noodles in Gravy<br>Capri Blend Veggies<br>House Salad<br>Strawberries<br>Wheat Roll | Italian Pasta Bake<br>House Salad<br>Italian Blend Veggies<br>Grapes<br>Bread x1                | Teriyaki Chicken<br>Sesame Brown Rice<br>Asian Blend Veggies<br>Vegetable Egg Roll<br>Apple Crisp | <b>CLOSED</b> |
| <b>23</b>  | <b>24</b>  | <b>25</b>   | <b>26</b>   | <b>27</b>     |
| Baked Chicken Thigh<br>Cheesy Rice Casserole<br>Parslied Zucchini<br>Spring Salad<br>Peaches & Cream<br>Bread x1 | Beef Lasagna<br>Herbed Green Beans - 1 Cup<br>Cantaloupe<br>Breadstick                                 | Honey Roast Pork Chop<br>Baby Carrots<br>Fresh Fruit Salad<br>Hot Spiced Apples<br>Wheat Roll   | Ham & Beans<br>Baked Potato<br>Pears<br>Corn Muffin   | <b>CLOSED</b> |
| <b>30</b>  |  |   |   |               |
| Fish Sandwich w/ Tartar<br>Lettuce Tomato Onion<br>Au gratin Potatoes<br>Cinnamon Applesauce<br>Wheat Bun        |  |   |   |               |