

May 2025 - Cogswell and Forman

Home Delivered Meals, Carry Out Meals, and Congregate Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age.
 Under 60 is a charge of \$11.75 per meal.
 All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Chicken Drumsticks Scalloped Potatoes Seasoned Green Peas Chilled Mandarin Oranges WG Biscuit	Closed
5	6	7	8	9
Chicken Fettuccine Alfredo House Salad Garden Blend Veggies Cranberry Fruit Salad Gelatin Breadstick	House Salad-1cup Italian Pasta Bake Seasoned Zucchini Wheat Roll Dressing Cantaloupe	Baked Pork Chop Baked Potato Harvard Beets WB-2 Sour Cream Chilled Peaches	Stuffed Peppers Mashed Potatoes Zucchini Whole Orange WW Roll Low Fat Vanilla Yogurt	Closed
12	13	14	15	16
Root Beer Ribs Hash Brown Casserole Corn WB-2 Orange	Orange Chicken LS Egg Roll Garlic Noodles Oriental Blend Veggies Oranges in Whipped Topping	Cheese Tortellini Meatballs & Marinara Sauce Italian Veggie Blend WG Breadstick Strawberries Cheese Cake	Beef Taco Salad Tortilla Chips Salsa Fresh Berries Whipped Topping	Closed
19	20	21	22	23
Pork Wings Au Gratin Potatoes Seasoned Snow Peas WW Ciabatta Roll Honeydew	Hot Dog on Bun Tator Tots Mixed Veggies Cantaloupe	Chicken Salad on Wheat Chickpea Salad Lettuce,tomato,onion Watermelon	Meatloaf & Gravy Onion Mashed Potato Capri Blend Veggies WB-2 Strawberry Applesauce	Closed
26	27	28	29	30
Closed	Parmesan Chicken Buttered Spaghetti & Marinara Seasoned Broccoli Fresh Fruit Salad WW Dinner Roll	Baked Lemon Tilapia Roasted Red Potatoes Asparagus WB-2 Fruited Mallow Gelatin	Hamburger on Bun Sweet Potato Waffle Fries Baked Beans Lettuce, Tomato, Onion Watermelon & Cantaloupe	Hot Roast Beef on Wheat Chived Mashed Potatoes Peas and Carrots Wheat Roll Snicker & Apple Salad

May 2025 - Milnor

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Meatloaf & Gravy Onion Mashed Potato Capri Blend Veggies WB-2 Strawberry Applesauce	Chicken Drumsticks Scalloped Potatoes Seasoned Green Peas Chilled Mandarin Oranges WG Biscuit
5	6	7	8	9
Closed	House Salad-1cup Italian Pasta Bake Seasoned Zucchini Wheat Roll Dressing Cantaloupe	Baked Pork Chop Baked Potato Harvard Beets WB-2 Sour Cream Chilled Peaches	Stuffed Peppers Mashed Potatoes Zucchini Whole Orange WW Roll Low Fat Vanilla Yogurt	Chicken Fettuccine Alfredo House Salad Garden Blend Veggies Cranberry Fruit Salad Gelatin Breadstick
12	13	14	15	16
Closed	Orange Chicken LS Egg Roll Garlic Noodles Oriental Blend Veggies Oranges in Whipped Topping	Cheese Tortellini Meatballs & Marinara Sauce Italian Veggie Blend WG Breadstick Strawberries Cheese Cake	Beef Taco Salad Tortilla Chips Salsa Fresh Berries Whipped Topping	Tater Tot Casserole Southwest Corn-1cup WW Bread Pear
19	20	21	22	23
Closed	Hot Dog on Bun Tator Tots Mixed Veggies Cantaloupe	Chicken Salad on Wheat Chickpea Salad Lettuce,tomato,onion Watermelon	Baked Lemon Tilapia Roasted Red Potatoes Asparagus WB-2 Fruited Mallow Gelatin	Beef Marzetti House Salad Squash Garlic Bread Dressing Fruit Cocktail in Whip Topping
26	27	28	29	30
Closed	Parmesan Chicken Buttered Spaghetti & Marinara Seasoned Broccoli Fresh Fruit Salad WW Dinner Roll	Potato Chive Crusted Cod Cheesy Hashbrowns Savory Carrots Cinnamon Applesauce WW bread	Hamburger on Bun Sweet Potato Waffle Fries Baked Beans Lettuce, Tomato, Onion Watermelon & Cantaloupe	Hot Roast Beef on Wheat Chived Mashed Potatoes Peas and Carrots Wheat Roll Snicker & Apple Salad

May 2025 - Rutland

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Chicken Fettuccine Alfredo House Salad Garden Blend Veggies Cranberry Fruit Salad Gelatin Breadstick	House Salad-1cup Italian Pasta Bake Seasoned Zucchini Wheat Roll Dressing Cantaloupe	Baked Pork Chop Baked Potato Harvard Beets WB-2 Sour Cream Chilled Peaches	Stuffed Peppers Mashed Potatoes Zucchini Whole Orange WW Roll Low Fat Vanilla Yogurt	Closed
12	13	14	15	16
Root Beer Ribs Hash Brown Casserole Corn WB-2 Orange	Orange Chicken LS Egg Roll Garlic Noodles Oriental Blend Veggies Oranges in Whipped Topping	Cheese Tortellini Meatballs & Marinara Sauce Italian Veggie Blend WG Breadstick Strawberries Cheese Cake	Beef Taco Salad Tortilla Chips Salsa Fresh Berries Whipped Topping	Closed
19	20	21	22	23
Pork Wings Au Gratin Potatoes Seasoned Snow Peas WW Ciabatta Roll Honeydew	Hot Dog on Bun Tator Tots Mixed Veggies Cantaloupe	Chicken Salad on Wheat Chickpea Salad Lettuce,tomato,onion Watermelon	Meatloaf & Gravy Onion Mashed Potato Capri Blend Veggies WB-2 Strawberry Applesauce	Closed
26	27	28	29	30
Closed	Parmesan Chicken Buttered Spaghetti & Marinara Seasoned Broccoli Fresh Fruit Salad WW Dinner Roll	Baked Lemon Tilapia Roasted Red Potatoes Asparagus WB-2 Fruited Mallow Gelatin	Hamburger on Bun Sweet Potato Waffle Fries Baked Beans Lettuce, Tomato, Onion Watermelon & Cantaloupe	Hot Roast Beef on Wheat Chived Mashed Potatoes Peas and Carrots Wheat Roll Snickers & Apple Salad