

# MAY 2025

## VALLEY SENIOR SERVICES- CASSELTON

Call **701-347-8219** one day in advance before 12:00 PM

For Meals on Wheels contact the main office at **701-293-1440**

*Menu subject to change*

ALL MEALS INCLUDE 8 oz 1% MILK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
			Smothered Pork Chop Baked Potato Coleslaw Fresh Fruit Whole Wheat Bread	Pasta w/Meatsauce Steamed Cauliflower Crinkle Cut Carrots Pineapple Tidbits Whole Wheat Bread
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	Lemon Pepper Fish Creamed Peas Steamed Baby Carrots Fresh Fruit Whole Wheat Bread		Chicken & Noodles Tossed Salad Mixed Vegetables Rosy Applesauce Whole Wheat Bread	Meatloaf Baked Potato Stewed Tomatoes Cookie Whole Wheat Bread
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	Lutheran Hotdish Steamed Peas Winder Blend Vegetables Fresh Fruit Whole Wheat Bread		Sweet & Sour Pork Brown Rice Tossed Salad Mixed Vegetables Cinnamon Applesauce	Country Meatballs Mashed Potatoes & Gravy Steamed Broccoli Tropical Fruit Whole Wheat Bread
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	Chicken Wild Rice Hotdish Steamed Corn California Blend Vegetables Pineapple Tidbits Whole Wheat Bread		Sloppy Joe Whole Wheat Bun Potato Salad Parslied Carrots Warm Cinnamon Apples	Chicken Marsala Baked Sweet Potato Steamed Cauliflower Fresh Fruit Whole Wheat Bread
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>CLOSED</b>	Orange Marmalade Chicken Scalloped Potatoes Steamed Cabbage Fresh Fruit Whole Wheat Bread		BBQ Chicken Thigh Baked Potato Maple Dijon Brussels Sprouts Tropical Fruit Whole Wheat Bread	Brat Whole Wheat Bun Baked Beans Tossed Salad Angel Food Cake w/ Berries & Whipped Topping