

MARCH 2024

RICHLAND COUNTY MEALS ON WHEELS & MEALS AT CENTERS

Menu Subject to Change


ALL MEALS INCLUDE 8 oz 1% MILK
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pork Wing Scalloped Potatoes California Blend Vegetables Pineapple Tidbits Whole Wheat Bread X2
	4	5	6	7
Salisbury Steak with Mushroom Gravy Baked Potato w/Sour Cream Stewed Tomatoes Peaches Whole Wheat Bread x2	Chicken Croquettes Mashed Potatoes Poultry Gravy Italian Blend Vegetables Apricots	Hamburger on a Bun Mushrooms & Onions Baked Beans Pears	Herb Baked Fish Wild Rice Blend Baked Sweet Potato Confetti Coleslaw Frozen Blackberries Whole Wheat Bread	Spaghetti & Meat sauce House Salad Baked Sweet Potato Breadstick Parmesan Cheese Apple
11	12	13 Birthday Dinner	14	15
Tator Tot Hotdish Crinkle Cut Carrots Applesauce Whole Wheat Bread x2	Chicken Kiev Baby Baker Potatoes Steamed Broccoli Strawberries Whole Wheat Bread x2	Herbed Pork Loin Sauerkraut Parslied Carrots Company Potatoes Pear Crisp Birthday Cake Bread-2	Beef Stroganoff Noodles Corn Brussels Sprouts Mandarin Oranges Whole Wheat Bread	Cheesy Egg Bake Crispy Cubed Potatoes Mixed Vegetables Banana Whole Wheat Bread x2
18	19	20	21	22
Braised Pork Chop Mashed Potatoes & Gravy Squash Apricots Whole Wheat Bread x2	Lemon Pepper Cod Baked Potato Mixed Vegetables Breadstick Pineapple Tidbits	Stir Fry Pork Brown Rice Tossed Salad Japanese Stir Fry Veggies Fruit Cocktail Whole Wheat Bread	Swedish Meatballs Mashed Potatoes Diced Beets Cinnamon Applesauce Whole Wheat Bread x2	Sloppy Joe on a Bun Baked Beans Oven Baked Potatoes Wedges Mandarin Oranges
25	26	27	28	29
Shrimp Scampi Spinach Fettucine House Salad Buttered Asparagus Tropical Fruit Garlic Bread	Cabbage Rolls Garlic Whipped Potatoes Steamed Baby Carrots Grapes Whole Wheat Bread x2	Seasoned Pork Roast with Gravy Baked Sweet Potato Creamed Peas Orange Whole Wheate Bread x2	Chili w/Saltine Crackers Baked Potato Hot Spiced Apples Whole Wheat Bread	Closed 