

MAY 2024

LISBON MEALS ON WHEELS & MEALS AT CENTER

Suggested donation \$4.00 a meal for people 60+ and spouse of 60+
 UNDER 60 IS A CHARGE OF \$9.00 PER MEAL
 SNAP vouchers accepted by calling the Lisbon Office

ALL MEALS INCLUDE 8 oz 1% MILK
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1	2
		Taco Casserole Spanish Rice Refried Beans Corn Rosy Applesauce	Chili Baked Potato Fresh Plums Corn Muffin	Tuna Salad on Wheat Cabbage/Apple Slaw Potato Salad Orange
				3
			6	7
Honey Chicken Glazed Sweet Potatoes Beets Pear Dessert Bake Bread	Herb & Mustard Crusted Pork Loin Potatoes & Onions Brussels Sprouts w/Bacon Mixed Berries Bread x2	Roast Turkey / Gravy Mashed Potatoes Parslied Carrots Blushing Pineapple Bread x2	Sloppy Joe on a Bun Baked Beans Oven Baked Fries Tropical Fruit	Chicken Lasagna Zucchini Parmesan Garlic WG Breadstick Scalloped Apples
				10
			13	14
Herb Roasted Salmon Rosemary Potatoes Broccoli Apricots Bread x2	Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	Caprese Chicken Carrot Pineapple Salad Sicilian Blend Veggies Watermelon Bread x2	Sweet and Sour Chicken White & Wild Rice Blend Japanese Stir Fry Marinated Vegetable Salad Strawberries Bread	Cheeseburger Pie Seasoned Green Peas House Salad Peaches in Orange Sauce Bread
				17
			20	21
Beef Steak & Gravy Mashed potatoes Green beans /thyme Mandarin Oranges Bread x2	Stuffed Shells/Sauce House Salad Italian Blend Veggies Grapes Birthday cake Breadstick	BBQ Pork Ribs Baked Sweet Potato Mixed Veggies Apple Brown Betty Bread x2	Meatloaf Parslied Potatoes Country Blend Veggies Fruit Cocktail Bread x2	Southwest Chicken Cesar Salad Peach Crisp Breadstick
				24
			27	29
CLOSED	Pork Chop Mushroom Sauce Seasoned Egg Noodles Lemon Asparagus Marinated Cucumbers Fresh Fruit Bread	Denver Scramble O'Brian Potatoes Prince Edward Veg Blend Fresh Strawberries WG Bagel Jelly Cream Cheese	Parmesan Baked Cod Sweet Potato Hash Summer Slaw Garlic Toast Cantaloupe	Grilled Chicken on Bun French Fries Lettuce Tomato Onion Peas & Carrots Fresh Fruit Salad
				31