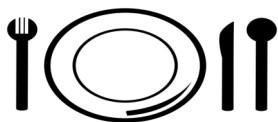


Monday	Tuesday	Wednesday	Thursday	Friday
1 Baked Pork Chop Baked Potato Harvard Beets Peaches Wheat Bread x 2	2 Steak & Mushroom Sauce Mashed Potatoes Lemon Asparagus Fruit Cocktail Dinner Roll	3 Chicken BLT Salad Blushing Pineapple Wheat Bread x 2	4 Shrimp Scampi Herbed Linguine Cucumber Dill Salad Whole Orange Dinner Roll	5 Shepherd's Pie Brussel Sprouts Mandarin Oranges Wheat Bread
8 Chicken Fried Steak Cream Gravy Roasted Red Potatoes Capri Blend Veggies Apple Wheat Bread x 2	9 Baked Fish w/ Dill Sauce Italian Pasta Salad Squash Medley Pears WG Breadstick	10 Birthday Dinner BBQ Chicken Breast Baked Potato Seasoned Green Peas Watermelon Cake Wheat Bread x 2	11 Gyros w/ Tzatziki Sauce Potatoes w/ Garlic Tomato & Cucumber Salad Strawberries & Yogurt	12 Loaded Turkey Sandwich Fresh Veggies Corn & Black Bean Salad Banana Hoagie Bun
15 Chicken Stir Fry Fluffy Rice Vegetable Egg Roll Pears w/ Blueberries	16 Root Beer Ribbs Rosemary Potatoes Corn Cob Quarters Strawberry Applesauce Wheat Bread x 2	17 Beef Taco Salad Tortilla Chips Salsa Fresh Berries Whipped Topping	18 Grilled Bratwurst on Bun Coleslaw Baked Sweet Potato Fresh Plum	19 Chicken Fettuccine Alfredo House Salad Riviera Blend Veggies Tropical Fruit WG Breadstick
22 Tater Tot Casserole Southwest Corn Chilled Fruit Salad Wheat Bread	23 Meatloaf & Gravy Chive Mashed Potatoes 5 Way Mixed Veggies Blushing Pears Dinner Roll	24 Swiss Steak w/ Tomato Mushroom Gravy Mashed Red Potatoes Dilled Carrots Apple Crisp Cornbread	25 Herb Roasted Salmon Baked Potato Seasoned Broccoli Pineapple Wheat Bread x 2	26 Turkey al la King Brown Rice Malibu Blend Veggies Fresh Grapes Biscuit
29 Pork Loin Roast w/ Pork Gravy Mashed Potatoes Lemon Asparagus Chilled Applesauce Wheat Bread x 2	30 Chicken Divan Casserole Brown Rice Country Blend Veggies Cherries Wheat Bread x 1			



All of our meal sites provide congregate, carry out, and home delivered meals. **Please call your meal site by 9am on the day you would like to eat.** All meals include 1% milk. If you live in Richland County but do not have a meal site near you, frozen meals are available.

Meals are a suggested donation of \$4.00 per meal for people 60+ and their spouse of any age. Under the age of 60 is a charge of \$11.75 per meal.

June 2026**Abercrombie Senior Center****553-8759**

1 Baked Pork Chop Baked Potato Harvard Beets Peaches Wheat Bread x 2	2 Steak & Mushroom Sauce Mashed Potatoes Lemon Asparagus Fruit Cocktail Dinner Roll	3 Shrimp Scampi Herbed Linguine Cucumber Dill Salad Whole Orange Dinner Roll
8 Chicken Fried Steak/ Cream Gravy Roasted Red Potatoes Capri Blend Veggies Apple Wheat Bread x 2	10 Baked Fish w/ Dill Sauce Italian Pasta Salad Green Beans Pears WG Breadstick	11 Loaded Turkey Sandwich on Hoagie Bun Fresh Veggies Corn & Black Bean Salad Banana
15 Beef Taco Salad Tortilla Chips & Salsa Fresh Berries Whipped Topping	16 Grilled Bratwurst on Bun Coleslaw Baked Sweet Potato Fresh Plum	17 Chicken Fettuccine Alfredo House Salad Riviera Blend Veggies Tropical Fruit WG Breadstick
22 Tater Tot Casserole Southwest Corn Chilled Fruit Salad Wheat Bread	23 Meatloaf & Gravy Chive Mashed Potatoes 5 Way Mixed Veggies Blushing Pears Dinner Roll	24 Swiss Steak w/ Tomato Mushroom Gravy Mashed Red Potatoes Dilled Carrots Apple Crisp Cornbread
29 Pork Loin Roast w/ Pork Gravy Mashed Potatoes Lemon Asparagus Chilled Applesauce Wheat Bread x 2	30 Chicken Divan Casserole Brown Rice Country Blend Veggies Cherries Wheat Bread x 1	

June 2026**Hankinson Senior Center****242-7742**

2 Steak & Mushroom Sauce Mashed Potatoes Lemon Asparagus Fruit Cocktail Dinner Roll	3 Shrimp Scampi Herbed Linguine Cucumber Dill Salad Whole Orange Dinner Roll	5 Baked Pork Chop Baked Potato Harvard Beets Peaches Wheat Bread x 2
9 Gyros w/ Tzatziki Sauce Red Potatoes w/ Garlic Tomato & Cucumber Salad Strawberries & Yogurt	10 Chicken Fried Steak/Cream Gravy Roasted Red Potatoes Capri Blend Veggies Apple Wheat Bread x 2	11 Baked Fish w/ Dill Sauce Italian Pasta Salad Squash Medley Pears WG Breadstick
16 Meatloaf & Gravy Chive Mashed Potatoes 5 Way Mixed Veggies Blushing Pears Dinner Roll	17 Root Beer Ribs Rosemary Potatoes Corn Cob Quarters Strawberry Applesauce Wheat Bread x 2	19 Chicken Fettuccine Alfredo House Salad Riviera Blend Veggies Tropical Fruit WG Breadstick
23 Shepherd's Pie Brussel Sprouts Mandarin Oranges Wheat Bread	24 Pork Loin Roast w/ Pork Gravy Mashed Potatoes Lemon Asparagus Chilled Applesauce Wheat Bread x 2	26 Herb Roasted Salmon Baked Potato Seasoned Broccoli Pineapple Wheat Bread x 2
30 Chicken Stir Fry Fluffy Rice Vegetable Egg Roll Pears w/ Blueberries		

June 2026**Lidgerwood Senior Center****538-4602**

1 Chicken BLT Salad Blushing Pineapple Wheat Bread x 2	2 Steak & Mushroom Sauce Mashed Potatoes Lemon Asparagus Fruit Cocktail Dinner Roll	4 Shrimp Scampi Herbed Linguine Cucumber Dill Salad Whole Orange Dinner Roll
8 Chicken Fried Steak Cream Gravy Roasted Red Potatoes Capri Blend Veggies Apple Wheat Bread x 2	9 Baked Fish w/ Dill Sauce Italian Pasta Salad Squash Medley Pears WG Breadstick	11 BBQ Chicken Breast Baked Potato Seasoned Green Peas Watermelon Cake Wheat Bread x 2
15 Chicken Stir Fry Fluffy Rice Vegetable Egg Roll Pears w/ Blueberries	16 Root Beer Ribs Rosemary Potatoes Corn Cob Quarters Strawberry Applesauce Wheat Bread x 2	18 Beef Taco Salad Tortilla Chips Salsa Fresh Berries Whipped Topping
22 Swiss Steak w/Tomato Mushroom Gravy Mashed Red Potatoes Dilled Carrots Apple Crisp Cornbread	23 Meatloaf & Gravy Chive Mashed Potatoes 5 Way Mixed Veggies Blushing Pears Dinner Roll	25 Herb Roasted Salmon Baked Potato Seasoned Broccoli Pineapple Wheat Bread x 2
29 Pork Loin Roast w/ Pork Gravy Mashed Potatoes Lemon Asparagus Chilled Applesauce Wheat Bread x 2	30 Chicken Divan Casserole Brown Rice Country Blend Veggies Cherries Wheat Bread x 1	

June 2026**Wyndmere Senior Center****439-2907**

1 Baked Pork Chop Baked Potato Harvard Beets Peaches Wheat Bread x 2	2 Steak & Mushroom Sauce Mashed Potatoes Lemon Asparagus Fruit Cocktail Dinner Roll	4 Shrimp Scampi Herbed Linguine Cucumber Dill Salad Whole Orange Dinner Roll
8 Chicken Fried Steak & Cream Gravy Roasted Red Potatoes Capri Blend Veggies Apple Wheat Bread x 2	9 Baked Fish w/ Dill Sauce Italian Pasta Salad Squash Medley Pears WG Breadstick	11 Gyros w/ Tzatziki Sauce Red Potatoes w/ Garlic Tomato & Cucumber Salad Strawberries & Yogurt
15 Chicken Stir Fry Fluffy Rice Vegetable Egg Roll Pears w/ Blueberries	16 Root Beer Ribs Rosemary Potatoes Corn Cob Quarters Strawberry Applesauce Wheat Bread x 2	18 Grilled Bratwurst on Bun Coleslaw Baked Sweet Potato Fresh Plum
22 Tater Tot Casserole Southwest Corn Chilled Fruit Salad Wheat Bread	23 Meatloaf & Gravy Chive Mashed Potatoes 5 Way Mixed Veggies Blushing Pears Dinner Roll	25 Herb Roasted Salmon Baked Potato Seasoned Broccoli Pineapple Wheat Bread x 2
29 Pork Loin Roast w/ Pork Gravy Mashed Potatoes Lemon Asparagus Chilled Applesauce Wheat Bread x 2	30 Chicken Divan Casserole Brown Rice Country Blend Veggies Cherries Wheat Bread x 1	