

May 2024

Hankinson Senior Center

242-7742

Home Delivered Meals, Carry Out Meals and Congregate Meals are a suggested donation of \$4.00 per meal for people 60 + and their spouse of any age.

Under 60 is a charge of \$9.00 per meal.

All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chili Baked Potato Fresh Plums Bread x2	2	3 Tuna Salad on Wheat Cabbage / Apple Slaw Potato Salad Orange
6	7 Sloppy Joe on a Bun Baked Beans Oven Baked Fries Tropical Fruit	8 Chicken Lasagna Zucchini Parmesan Scalloped Apples Breadstick	9 Southern Valley Aging Expo Wahpeton Community Center 11am – 3pm	10 Roast Turkey / Gravy Mashed Potatoes Parslied Carrots Blushing Pineapple Bread x2
13	14 Herb Roasted Salmon Rosemary Potatoes Lemon Walnut Broccoli Apricots Bread x2	15 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	16	17 Cheeseburger Pie Seasoned Green Peas House Salad Peaches in Orange Sauce Bread
20	21 Beef Steak & Gravy Mashed potatoes Green beans /thyme Mandarin Oranges Bread x2	22 BBQ Pork Ribs Baked Sweet Potato Mixed Veggies Apple Brown Betty Bread x2	23 Southwest Chicken Cesar Salad Peach Crisp Breadstick	24 CLOSED
27	28 Parmesan Baked Cod Sweet Potato Hash Summer Slaw Garlic Toast Cantaloupe	29 Pork Chop / Mushroom Sauce Seasoned Egg Noodles Lemon Asparagus Marinated Cucumbers Kiwi Bread	30 Grilled Chicken on Bun French Fries Lettuce Tomato Onion Peas & Carrots Fresh Fruit Salad	31 CLOSED