

Hankinson Senior Center

Home Delivered Meals, Carry Out Meals and Congregate Meals are a suggested donation of \$4.00 per meal for people 60 + and their spouse of any age. Under 60 is a charge of \$9.00 per meal.

Hankinson
242-7742

April 2024

All Meals Include
1% Milk

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
	Country Fried Steak / Country Gravy Rosemary Potatoes Parslied Carrots Tropical Fruit Whole Wheat Bread x2	Supreme Pizza Casserole Green Beans Oregano Apricots Whole Grain Breadstick		Chicken Monterey Brown Rice Prince Edward Veggies Apple Whole Wheat Bread
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
	Stuffed Peppers Tomato Sauce Mashed Potatoes Pineapple Tidbits Whole Grain Breadstick	Country Ham Scalloped Potatoes Corn Fruit Cocktail Carrot Cake Whole Wheat Bread x2	Hamburger on a Bun Baked Beans Lettuce, Tomato, Onion Strawberries	CLOSED
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
	Lemon Pepper Fish Whipped Sweet Potato Roasted Brussel Sprouts Applesauce Whole Wheat Bread x 2	Mexican Meatballs Mashed Potatoes Chuckwagon Corn Deluxe Fruit Cornbread		Grilled Chicken Breast Potato Salad Winter Blend Veggies Pears Whole Wheat Bread x2
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
	Lasagna House Salad Wax Beans Peaches Parmesan Cheese Whole Grain Breadstick	Pork Wings Au Gratin Potatoes Seasoned Snow Peas Cinnamon Bananas Whole Wheat Ciabatta Roll	Ham & Bean Soup BLT Cucumber Salad Cantaloupe	CLOSED
MONDAY 29	TUESDAY 30			
	Baked Cod / Garlic Butter Lemon Dill Orzo Seasoned Zucchini Mandarin Oranges Whole Wheat Bread			