December 2026 Wahpeton Senior Center 642-3033

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	01	**02**	**03**	**04**
	Lasagna Cheese Rollup Caprese Salad Squash Medley Cherries Garlic Toast	Cheeseburger Pie Glazed Sweet Potatoes Malibu Blend Veggies Fruit Cocktail Wheat Bread x 2	Roast Beef & Gravy Garlic Mashed Potatoes Peas w/ Fresh Dill Chilled Peaches Wheat Bread x 2	Broccoli Cheese Soup Coleslaw Cottage Cheese & Fruit Bran Muffin LS Crackers
07	**08**	**09 Birthday Dinner**	**10**	**11 Christmas Dinner**
Garlic & Sage Chicken Thighs Chive Mashed Potatoes Squash Casserole Pear Dinner Roll	Pulled Pork on Bun Rosemary Potatoes Garden Blend Veggies Strawberry Delight	Fish & Chips Coleslaw Tartar Sauce Lemon Wedge Tropical Fruit Cup Dinner Roll Cake	Savory Beef Tips Parslied Noodles Country Blend Veggies Mixed Berries Breadstick	Ham Glazed Sweet Potatoes Green Bean Casserole Fresh Grapes Pie Dinner Roll
14	**15**	**16**	**17**	**18**
Italian Beef Sandwich Paprika Potatoes Creole Green Beans Cinnamon Applesauce	Orange Chicken Garlic Noodles Asian Blend Veggies Oranges in Whipped Topping Vegetable Egg Roll	Seasoned Pork Roast Roasted Red Potatoes Roasted Brussel Sprouts Banana Wheat Bread x 2	Meatloaf & Gravy Onion Mashed Potatoes Root Vegetable Medley Blushing Pineapple Dinner Roll	Philly Cheese Chicken Sandwich Tator Tots Corn Ribs Tropical Fruit Cup
21	**22**	**23**	**24 CLOSED**	**25 CLOSED**
Beef Taco Salad Tortilla Chips Salsa & Guacamole Whole Orange	Tortellini w/ Meat Sauce Broccoli & Cauliflower Salad 5 Way Veggies Berry Crisp Breadstick	Teriyaki Salmon Wild Rice Pilaf Italian Blend Veggies Mandarin Oranges Spoonbread	If you would like a frozen meal, please call the office at 701-642-3033	**Merry Christmas!** If you would like a frozen meal, please call the office at 701-642-3033
28	**29**	**30**	**31**	
Chicken Dijon Summer Corn Pilaf Stewed Tomatoes Mixed Fruit Dinner Roll	Garlic Shrimp Angel Hair Pasta Broccoli Salad Capri Blend Veggies Peach Applesauce	Sausage & Sauerkraut Roasted Red Potatoes Parslied Carrots Apricots Wheat Bread	Caprese Chicken Lemon Dill Orzo Green & Gold Beans Strawberries Wheat Bread	



All of our meal sites provide congregate, carryout, and home delivered meals. **Please call your meal site by 9am on the day you would like to eat.** All meals include 1% milk. If you live in Richland County but do not have a meal site near you, frozen meals are available.

Meals are a suggested donation of $4.00 per meal for people 60+ and their spouse of any age. Under the age of 60 is a charge of $11.75 per meal.

December 2026 — Abercrombie Senior Center — 553-8759

	1 Lasagna Cheese Rollup Caprese Salad Squash Medley Cherries | Garlic Toast	**2** Broccoli Cheese Soup Coleslaw Cottage Cheese & Fruit Bran Muffin | LS Crackers
7 Pulled Pork on Bun Rosemary Potatoes Garden Blend Veggies Strawberry Delight	**8** Fish & Chips Coleslaw | Tartar Sauce Lemon Wedge Tropical Fruit Cup Dinner Roll | Cake	**9** Philly Cheese Chicken Tator Tots Corn Ribs Tropical Fruit
14 Italian Beef Sandwich Paprika Potatoes Creole Green Beans Cinnamon Applesauce	**15** Meatloaf & Gravy Onion Mashed Potatoes Root Vegetable Medley Blushing Pineapple Dinner Roll	**16** **Christmas Dinner** Ham Glazed Sweet Potatoes Green Bean Casserole Fresh Grapes Pie | Dinner Roll
21 Beef Taco Salad Tortilla Chips Salsa & Guacamole Whole Orange	**22** Tortellini w/ Meat Sauce Broccoli & Cauliflower Salad 5 Way Veggies Berry Crisp | Breadstick	**23** Teriyaki Salmon Wild Rice Pilaf Italian Blend Veggies Mandarin Oranges Spoonbread
28 Chicken Dijon Summer Corn Pilaf Stewed Tomatoes Mixed Fruit Dinner Roll	**29** Garlic Shrimp Angel Hair Pasta Broccoli Salad Capri Blend Veggies Peach Applesauce	**30** Sausage & Sauerkraut Roasted Red Potatoes Parslied Carrots Apricots Wheat Bread

December 2026 — Hankinson Senior Center — 242-7742

1 Broccoli Cheese Soup Coleslaw Cottage Cheese & Fruit Bran Muffin LS Crackers	**2** Roast Beef & Gravy Garlic Mashed Potatoes Peas w/ Fresh Dill Chilled Peaches Wheat Bread x 2	**4** Lasagna Cheese Rollup Caprese Salad Squash Medley Cherries Garlic Toast
8 Fish & Chips Coleslaw | Tartar Sauce Lemon Wedge Tropical Fruit Cup Dinner Roll | Cake	**9** Sausage & Sauerkraut Roasted Red Potatoes Parslied Carrots Apricots Wheat Bread	**11** Italian Beef Sandwich Paprika Potatoes Creole Green Beans Cinnamon Applesauce
15 Philly Cheese Chicken Sandwich Tator Tots Corn Ribs Tropical Fruit Cup	**16** **Christmas Dinner** Ham Glazed Sweet Potatoes Green Bean Casserole Fresh Grapes Pie | Dinner Roll	**18** Meatloaf & Gravy Onion Mashed Potatoes Root Vegetable Medley Blushing Pineapple Dinner Roll
21 Orange Chicken Garlic Noodles Asian Blend Veggies Oranges in Whipped Topping Vegetable Egg Roll	**22** Teriyaki Salmon Wild Rice Pilaf Italian Blend Veggies Mandarin Oranges Spoonbread	**23** Tortellin w/ Meat Sauce Broccoli & Cauliflower Salad 5 Way Veggies Berry Crisp Breadstick
28 Beef Taco Salad Tortilla Chips Salsa & Guacamole Whole Orange	**29** Seasoned Pork Roast Roasted Red Potatoes Roasted Brussel Sprouts Banana Wheat Bread x 2	**30** Garlic Shrimp Angel Hair Pasta Broccoli Salad Capri Blend Veggies Peach Applesauce

December 2026 — Lidgerwood Senior Center — 538-4602

	1 Sausage & Sauerkraut Roasted Red Potatoes Parslied Carrots Apricots Wheat Bread	**3** Broccoli Cheese Soup Coleslaw Cottage Cheese & Fruit Bran Muffin LS Crackers
7 Beef Taco Salad Tortilla Chips Salsa & Guacamole Whole Orange	**8** Teriyaki Salmon Wild Rice Pilaf Italian Blend Veggies Mandarin Oranges Spoonbread	**10** Seasoned Pork Roast Roasted Red Potatoes Roasted Brussel Sprouts Banana Wheat Bread x 2
14 Fish & Chips Coleslaw | Tartar Sauce Lemon Wedge Tropical Fruit Cup Dinner Roll | Cake	**15** Stuffed Manicotti & Marinara House Salad Italian Green Beans Diced Strawberries Breadstick	**21** **Christmas Dinner** Ham Glazed Sweet Potatoes Green Bean Casserole Fresh Grapes Pie | Dinner Roll
21 Meatloaf & Gravy Onion Mashed Potatoes Root Vegetable Medley Blushing Pineapple Dinner Roll	**22** Garlic Shrimp Angel Hair Pasta Broccoli Salad Capri Blend Veggies Peach Applesauce	**23** Garlic & Sage Chicken Thighs Chive Mashed Potatoes Squash Casserole Chilled Pears Dinner Roll
28 Pulled Pork on Bun Rosemary Potatoes Garden Blend Veggies Strawberry Delight	**29** Roast Beef & Gravy Garlic Mashed Potatoes Peas with Fresh Dill Chilled Peaches Wheat Bread x 2	**31** Philly Cheese Chicken Sandwich Tator Tots Corn Ribs Cherries

December 2026 — Wyndmere Senior Center — 439-2907

	1 Lasagna Cheese Rollup Caprese Salad Squash Medley Cherries Garlic Toast	**3** Roast Beef & Gravy Garlic Mashed Potatoes Peas w/ Fresh Dill Chilled Peaches Wheat Bread x 2
7 Garlic & Sage Chicken Thighs Chive Mashed Potatoes Squash Casserole Pear Dinner Roll	**8** Pulled Pork on Bun Rosemary Potatoes Garden Blend Veggies Strawberry Delight	**11** **Christmas Dinner** Ham Glazed Sweet Potatoes Green Bean Casserole Fresh Grapes Pie | Dinner Roll
14 Italian Beef Sandwich Paprika Potatoes Creole Green Beans Cinnamon Applesauce	**15** Orange Chicken Garlic Noodles Asian Blend Veggies Oranges in Whipped Topping Vegetable Egg Roll	**17** Meatloaf & Gravy Onion Mashed Potatoes Root Vegetable Medley Blushing Pineapple Dinner Roll
21 Beef Taco Salad Tortilla Chips Salsa & Guacamole Whole Orange	**22** Tortellini w/ Meat Sauce Broccoli & Cauliflower Salad 5 Way Veggies Berry Crisp | Breadstick	**23** Teriyaki Salmon Wild Rice Pilaf Italian Blend Veggies Mandarin Oranges Spoonbread
28 Chicken Dijon Summer Corn Pilaf Stewed Tomatoes Mixed Fruit Dinner Roll	**29** Garlic Shrimp Angel Hair Pasta Broccoli Salad Capri Blend Veggies Peach Applesauce	**31** Caprese Chicken Lemon Dill Orzo Green & Gold Beans Strawberries Wheat Bread