

Abercrombie Community Center

Home Delivered Meals, Carry Out and Congregate Meals are a suggested donation of \$4.00 per meal for people 60 + and their spouse of any age. Under 60 is a charge of \$9.00 per meal.

Abercrombie
553-8759

April 2024

All Meals Include
1% Milk

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Country Fried Steak / Country Gravy Rosemary Potatoes Parslied Carrots Tropical Fruit Whole Wheat Bread x2	Chicken Monterey Brown Rice Prince Edward Veggies Apple Whole Wheat Bread	Supreme Pizza Casserole Green Beans Oregano Apricots Whole Grain Breadstick		
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
Lemon Pepper Fish Whipped Sweet Potato Roasted Brussel Sprouts Applesauce Whole Wheat Bread x 2	Hamburger on a Bun Baked Beans Lettuce, Tomato, Onion Strawberries	Stuffed Peppers Tomato Sauce Mashed Potatoes Pineapple Tidbits Whole Grain Breadstick		
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Chicken Fettucine Alfredo House Salad Savory Carrots Peaches / Orange Sauce Whole Grain Breadstick	Grilled Chicken Breast Potato Salad Winter Blend Veggies Pears Whole Wheat Bread x2	Honey Roasted Pork Chop Tuscany Summer Veggies Oranges/Pineapple/Bananas Hot Spiced Apples Whole Wheat Bread x2		
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Lasagna House Salad Wax Beans Peaches Parmesan Cheese Whole Grain Breadstick	Swiss Steak Baby Red Potatoes Lemon Asparagus Fresh Fruit Salad Whole Wheat Bread x2	Baked Cod / Garlic Butter Lemon Dill Orzo Seasoned Zucchini Mandarin Oranges Whole Wheat Bread		
MONDAY 29	TUESDAY 30			
Chicken Kiev O'Brien Potatoes Country Blend Veggies Ginger Baked Pears / Topping Whole Wheat Bread x2	Beef Tips Mushrooms / Gravy Baked Potato Green Beans Blueberries Whole Wheat Bread x2			