

**May 2024**

**Abercrombie Community Center**

**553-8759**

Home Delivered Meals, Carry Out Meals and Congregate Meals are a suggested donation of \$4.00 per meal for people 60 + and their spouse of any age.  
 Under 60 is a charge of \$9.00 per meal.  
 All meals include 1% milk. Menus are subject to change.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Tuna Salad on Wheat Cabbage / Apple Slaw Potato Salad Orange	2	3
6 Sloppy Joe on a Bun Baked Beans Oven Baked Fries Tropical Fruit	7 Herb & Mustard Crusted Pork Loin Potatoes & Onions Brussels Sprouts / Bacon Blueberries Bread x2	8 Roast Turkey / Gravy Mashed Potatoes Parslied Carrots Blushing Pineapple Bread x2	9 <b>Southern Valley Aging Expo</b> <b>11am - 3pm</b> <b>Wahpeton Community Center</b>	10
13 Porcupine Meatballs Mashed Potatoes Prince Edward Veggies Heavenly Hash Bread x2	14 Stuffed Shells/Sauce House Salad Italian Blend Veggies Grapes Birthday Cake Breadstick	15 Sweet and Sour Chicken White & Wild Rice Blend Japanese Stir Fry Marinated Vegetable Salad Strawberries Bread	16	17
20 Beef Steak & Gravy Mashed potatoes Green beans /thyme Mandarin Oranges Bread x2	21 Tangy Meatloaf Parslied Potatoes Country Blend Veggies Fruit Cocktail Bread x2	22 Southwest Chicken Cesar Salad Peach Crisp Breadstick	23	24
27 <b>CLOSED</b>	28 Pork Chop / Mushroom Sauce Seasoned Egg Noodles Lemon Asparagus Marinated Cucumbers Kiwi Bread	29 Parmesan Baked Cod Sweet Potato Hash Summer Slaw Garlic Toast Cantaloupe	30 Grilled Chicken on Bun French Fries Lettuce Tomato Onion Peas & Carrots Fresh Fruit Salad	31