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Bean Salad, Basil

Nutrition Facts

Serving Size 4 oz

Amount Per Serving

Calories 138

Calories from Fat 73

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 8.1g	12%	Total Carb. 15.2g	
Sat. Fat 0.6g	3%	Dietary Fiber 2.8g	11%
Trans Fat 0g		Sugars 7.7g	
Cholest. 0mg	0%	Protein 2.7g	
Sodium 142.8mg	6%		
Cals • Prot 4% • Carb			
Fat 12% • Chol 0% • Sat Fat 3%			

INGREDIENTS: VEG BEANS GREEN CAN (green beans, water, salt, zinc chloride for color stabilization), VEG BEANS WAX 4 SV CAN (wax beans, water, salt), BEANS KIDNEY (prepared dark red kidney beans, water, salt, calcium chloride (firming agent), citric acid, disodium EDTA added for color retention), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), BEAN GARBANZO (prepared garbanzo beans, water, salt, disodium EDTA added for color retention), VEG PEPPER GREEN BELL LARGE (green peppers), OIL CANOLA SALAD (canola oil), VEG ONION JUMBO YELLOW (yellow onion), SUGAR GRANULES FINE (granulated sugar), HERB BASIL FRSH (basil), SEASON MUSTARD SEED GROUND (ground mustard seed)

ALLERGENS:

Broccoli and Artichoke Salad

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 oz	Total Fat 2g	3%	Total Carb. 7.5g	
Amount Per Serving	Sat. Fat 0.2g	1%	Dietary Fiber 2.4g	10%
Calories 49	Trans Fat 0g		Sugars 2g	
Calories from Fat 18	Cholest. 1.5mg	1%	Protein 1.9g	
	Sodium 475.9mg	20%		
	Cals • Prot 3% • Carb			
	Fat 3% • Chol 1% • Sat Fat 1%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: VEG BROCCOLI FLORETS FRSH (broccoli), VEG TOMATO RED GRAPE (grape tomatoes), DRESSING ITALIAN LIGHT GAL (water, soybean oil, vinegar, sugar, salt, contains less than 2% of garlic, garlic, parmesan and romano made from cow's milk cheeses (part skim milk, cheese culture, salt, enzymes), onions, xanthan gum, lemon juice concentrate, spice, phosphoric acid, red bell peppers, carrots, with potassium sorbate and calcium disodium EDTA as preservatives, caramel color), ARTICHOKE HEARTS QRT (artichoke hearts, water, salt, citric acid), OLIVES RIPE SLICED (ripe olives, water, salt, ferrous gluconate added to stabilize color), VEG ONION RED JUMBO (red onion), VEG ONION GREEN ICELESS (green onions)

ALLERGENS: Milk, Soybeans

Broccoli Cauliflower Salad

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 14.5g	22%	Total Carb. 9.5g	
Amount Per Serving	Sat. Fat 1.8g	9%	Dietary Fiber 2.6g	10%
Calories 174	Trans Fat 0g		Sugars 3.9g	
Calories from Fat 130	Cholest. 5.8mg	2%	Protein 2.4g	
	Sodium 269.1mg	11%		
	Cals • Prot 4% • Carb			
	Fat 22% • Chol 2% • Sat Fat 9%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: VEG BROCCOLI FLORETS FRSH (broccoli), VEG CAULIFLOWER FLORETS FRSH (cauliflower), VEG PEAS FROZ (peas), DRESSING MAYONNAISE GAL (soybean oil, corn syrup, water, egg yolks, prepared mustard (distilled vinegar, water, yellow mustard seed), distilled vinegar, contains less than 2% of salt, calcium disodium EDTA to product flavor), DRESSING M WHIP RDCD CAL GAL (water, vinegar, soybean oil, modified food starch, high fructose corn syrup, sugar, salt, contains less than 2% of natural flavor, eggs, cellulose gel, mustard flour, potassium sorbate as a preservative, xanthan gum, cellulose gum, spice, paprika, sucralose and acesulfame potassium (sweeteners), dried garlic.), VEG ONION JUMBO YELLOW (yellow onion), SUGAR GRANULES FINE (granulated sugar), SAUCE WORCESTERSHIRE GAL (water, vinegar, high fructose corn syrup, salt, caramel color, molasses, dextrose, monosodium glutamate, sugar, natural flavors (spice extractives), spices, citric acid, potassium citrate, natural smoke flavor, polysorbate 80, malic acid)

ALLERGENS: Eggs, Soybeans

Broccoli Salad

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 144

Calories from Fat 35

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 3.9g	6%	Total Carb. 26.9g	
Sat. Fat 0g	0%	Dietary Fiber 1.9g	7%
Trans Fat 0g		Sugars 19.2g	
Cholest. 4.3mg	1%	Protein 3.2g	
Sodium 297.9mg	12%		
Cals • Prot 5% • Carb			
Fat 6% • Chol 1% • Sat Fat 0%			

INGREDIENTS: VEG BROCCOLI FLORETS FRSH (broccoli), DRESSING M WHIP RDCD CAL GAL (water, vinegar, soybean oil, modified food starch, high fructose corn syrup, sugar, salt, contains less than 2% of natural flavor, eggs, cellulose gel, mustard flour, potassium sorbate as a preservative, xanthan gum, cellulose gum, spice, paprika, sucralose and acesulfame potassium (sweeteners), dried garlic.), RAISINS MIDGET (California sun dried raisins), VEG ONION RED JUMBO (red onion), SUGAR GRANULES FINE (granulated sugar), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), PORK BACON BITS REAL CKD (bacon cured with water, salt, sugar, smoke flavoring, sodium phosphate, sodium erythorbate, sodium nitrite)

ALLERGENS: Eggs, Soybeans

Captains Salad

Nutrition Facts

Serving Size 2 1/3 oz

Amount Per Serving

Calories 13

Calories from Fat 2

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.2g	0%	Total Carb. 2.5g	
Sat. Fat 0g	0%	Dietary Fiber 1.2g	5%
Trans Fat 0g		Sugars 1g	
Cholest. 0mg	0%	Protein 0.9g	
Sodium 11.6mg	0%		
Cals • Prot 1% • Carb			
Fat 0% • Chol 0% • Sat Fat 0%			

INGREDIENTS: LETTUCE ROMAINE CHOPPED (lettuce), VEG TOMATOES MED 6X7 FRSH (tomatoes), SPINACH CLEANED TRIMMED (spinach), VEG ONION RED JUMBO (red onion)

ALLERGENS:

Caramel Apple Salad

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 5g	8%	Total Carb. 24.3g	
Amount Per Serving	Sat. Fat 4.8g	24%	Dietary Fiber 1.4g	5%
Calories 136	Trans Fat 0g		Sugars 19.4g	
Calories from Fat 45	Cholest. 0mg	0%	Protein 0.5g	
	Sodium 28.8mg	1%		
	Cals • Prot 1% • Carb			
	Fat 8% • Chol 0% • Sat Fat 24%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: FRUIT PINEAPPLE CRUSHED CAN (pineapple, pineapple juice), FRUIT APPLE GR SMITH 125CT (apple), TOPPING PRE WHIPPED 10 LB PAIL (water, high fructose corn syrup, hydrogenated vegetable oil (palm, palm kernel, coconut and/or cottonseed), contains less than 2% of the following: *sodium caseinate (a milk derivative but not a source of lactose), dextrose, artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, colored with turmeric and annatto extracts), PUDDING BUTTERSCOTCH INST (sugar, corn sugar, modified food starch, sodium phosphates, calcium sulfate, salt, caramel color, xanthan gum, mono and diglycerides, natural and artificial flavor, yellow 6, yellow 5)

ALLERGENS: Milk

Carrot Raisin Pineapple Salad

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 98

Calories from Fat 19

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 2.1g	3%	Total Carb. 20.9g	
Sat. Fat 0g	0%	Dietary Fiber 2.5g	10%
Trans Fat 0g		Sugars 12.8g	
Cholest. 0mg	0%	Protein 1.1g	
Sodium 262.1mg	11%		
Cals • Prot 2% • Carb			
Fat 3% • Chol 0% • Sat Fat 0%			

INGREDIENTS: VEG CARROTS JUMBO FRSH (carrots), DRESSING M WHIP RDCD CAL GAL (water, vinegar, soybean oil, modified food starch, high fructose corn syrup, sugar, salt, contains less than 2% of natural flavor, eggs, cellulose gel, mustard flour, potassium sorbate as a preservative, xanthan gum, cellulose gum, spice, paprika, sucralose and acesulfame potassium (sweeteners), dried garlic.), RAISINS MIDGET (California sun dried raisins), FRUIT PINEAPPLE CRUSHED CAN (pineapple, pineapple juice), SUGAR GRANULES FINE (granulated sugar), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda)

ALLERGENS: Eggs, Soybeans

Carrot Raisin Salad

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 3 OZ	Total Fat 3.4g	5%	Total Carb. 17.6g	
Amount Per Serving	Sat. Fat 0.5g	3%	Dietary Fiber 2g	8%
Calories 100	Trans Fat 0g		Sugars 11.7g	
Calories from Fat 31	Cholest. 4.5mg	1%	Protein 1g	
	Sodium 218.3mg	9%		
	Cals • Prot 2% • Carb			
	Fat 5% • Chol 1% • Sat Fat 3%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: VEG CARROTS JUMBO FRSH (carrots), DRESSING MIRACLE WHIP PAIL (soybean oil, water, vinegar, high fructose corn syrup, sugar, egg yolks, modified food starch, salt, mustard flour, paprika, spice, natural flavor, dried garlic), RAISINS MIDGET (California sun dried raisins), SUGAR GRANULES FINE (granulated sugar), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda)

ALLERGENS: Eggs, Soybeans

Coleslaw, Country

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 16g	25%	Total Carb. 11.8g	
Amount Per Serving	Sat. Fat 2.2g	11%	Dietary Fiber 2.3g	9%
Calories 191	Trans Fat 0g		Sugars 8.9g	
Calories from Fat 144	Cholest. 7.2mg	2%	Protein 1.2g	
	Sodium 233.4mg	10%		
	Cals • Prot 2% • Carb			
	Fat 25% • Chol 2% • Sat Fat 11%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: Chopped Cabbage (cabbage), DRESSING MAYONNAISE GAL (soybean oil, corn syrup, water, egg yolks, prepared mustard (distilled vinegar, water, yellow mustard seed), distilled vinegar, contains less than 2% of salt, calcium disodium EDTA to product flavor), VEG PEPPER GREEN BELL LARGE (green peppers), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), SUGAR GRANULES FINE (granulated sugar), PIMENTOS DICED (pimentos, water, and citric acid), VEG ONION JUMBO YELLOW (yellow onion), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEASON PARSLEY FLAKES (parsley flakes), SEASON PEPPER GRD BLK (black pepper)

ALLERGENS: Eggs, Soybeans

Coleslaw, Creamy

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 2.6g	4%	Total Carb. 12g	
Amount Per Serving	Sat. Fat 0g	0%	Dietary Fiber 1.9g	7%
Calories 70	Trans Fat 0g		Sugars 5.9g	
Calories from Fat 23	Cholest. 0.8mg	0%	Protein 1.2g	
	Sodium 238.6mg	10%		
	Cals • Prot 2% • Carb			
	Fat 4% • Chol 0% • Sat Fat 0%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: Chopped Cabbage (cabbage), DRESSING M WHIP RDCD CAL GAL (water, vinegar, soybean oil, modified food starch, high fructose corn syrup, sugar, salt, contains less than 2% of natural flavor, eggs, cellulose gel, mustard flour, potassium sorbate as a preservative, xanthan gum, cellulose gum, spice, paprika, sucralose and acesulfame potassium (sweeteners), dried garlic.), SOUR CREAM FAT FREE (skim milk, milk, nonfat dry milk, modified food starch (waxy maize), lactic acid, gelatin, sodium phosphate, propylene glycol monoester, titanium dioxide, dextrose, starter distillate, natural diacetyl, butyric acid, caproic acid, propionic acid, salt, citric acid, locust bean gum, agar, gellan gum, xanthan gum, acetic acid, skim milk with standard dairy cultures, potassium sorbate (a preservative), and vitamin A palmitate), SUGAR POWDERED (powdered sugar), VEG ONION JUMBO YELLOW (yellow onion), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity))

ALLERGENS: Milk, Eggs, Soybeans

Crunchy Cukes

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 137

Calories from Fat 2

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.2g	0%	Total Carb. 35.5g	
Sat. Fat 0g	0%	Dietary Fiber 0.9g	4%
Trans Fat 0g		Sugars 32.3g	
Cholest. 0mg	0%	Protein 0.8g	
Sodium 492.3mg	21%		
Cals • Prot 1% • Carb			
Fat 0% • Chol 0% • Sat Fat 0%			

INGREDIENTS: VEG CUCUMBER FRSH 50LB 60/70ct (cucumber), SUGAR GRANULES FINE (granulated sugar), VEG ONION JUMBO YELLOW (yellow onion), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), VEG PEPPER GREEN BELL LARGE (green peppers), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEED CELERY (celery seed)

ALLERGENS:

Cucumbers in Cream

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 16.2g	25%	Total Carb. 6.3g	
Amount Per Serving	Sat. Fat 2.2g	11%	Dietary Fiber 0.6g	2%
Calories 173	Trans Fat 0g		Sugars 3.1g	
Calories from Fat 146	Cholest. 8.3mg	3%	Protein 1g	
	Sodium 227.6mg	9%		
	Cals • Prot 2% • Carb			
	Fat 25% • Chol 3% • Sat Fat 11%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: VEG CUCUMBER FRSH 50LB 60/70ct (cucumber), DRESSING MAYONNAISE GAL (soybean oil, corn syrup, water, egg yolks, prepared mustard (distilled vinegar, water, yellow mustard seed), distilled vinegar, contains less than 2% of salt, calcium disodium EDTA to product flavor), SOUR CREAM FAT FREE (skim milk, milk, nonfat dry milk, modified food starch (waxy maize), lactic acid, gelatin, sodium phosphate, propylene glycol monoester, titanium dioxide, dextrose, starter distillate, natural diacetyl, butyric acid, caproic acid, propionic acid, salt, citric acid, locust bean gum, agar, gellan gum, xanthan gum, acetic acid, skim milk with standard dairy cultures, potassium sorbate (a preservative), and vitamin A palmitate), VEG ONION GREEN ICELESS (green onions), YOGURT PLAIN CASS CLAY 24z (grade A skim milk, milk, cane sugar, modified corn starch, less than 2%: pectin, carrageenan, potassium sorbate (preservative), cultures), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), SUGAR GRANULES FINE (granulated sugar), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEASON PEPPER GRD BLK (black pepper)

ALLERGENS: Milk, Eggs, Soybeans

Potato Salad

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 152

Calories from Fat 45

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 5g	8%	Total Carb. 22.7g	
Sat. Fat 0.7g	3%	Dietary Fiber 1.9g	7%
Trans Fat 0g		Sugars 1.7g	
Cholest. 82mg	27%	Protein 3.8g	
Sodium 509mg	21%		
Cals • Prot 6% • Carb			
Fat 8% • Chol 27% • Sat Fat 3%			

INGREDIENTS: POTATOES, DICED FROZ - SALADS (WATER-LB (water), POTATO DICED 1/2" FROZ (potatoes, disodium dihydrogen pyrophosphate (to maintain natural color))), DRESSING M WHIP RDCD CAL GAL (water, vinegar, soybean oil, modified food starch, high fructose corn syrup, sugar, salt, contains less than 2% of natural flavor, eggs, cellulose gel, mustard flour, potassium sorbate as a preservative, xanthan gum, cellulose gum, spice, paprika, sucralose and acesulfame potassium (sweeteners), dried garlic.), EGG TOPPING DICED (hard cooked eggs, citric acid, sodium benzoate and nisin preparation (as preservatives)), VEG CELERY 24 CT (celery), VEG ONION JUMBO YELLOW (yellow onion), MUSTARD PREPARED GAL (water, vinegar, mustard seed, turmeric, spices), SUGAR GRANULES FINE (granulated sugar), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEASON PEPPER GRD WHT (white pepper)

ALLERGENS: Eggs, Soybeans

Potato Salad, Creamy Dill

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 OZ	Total Fat 12.4g	19%	Total Carb. 17.2g	
Amount Per Serving	Sat. Fat 2.1g	10%	Dietary Fiber 1.4g	6%
Calories 195	Trans Fat 0g		Sugars 2.6g	
Calories from Fat 112	Cholest. 47mg	16%	Protein 2.5g	
	Sodium 380mg	16%		
	Cals • Prot 4% • Carb			
	Fat 19% • Chol 16% • Sat Fat 10%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: POTATOES, DICED FROZ - SALADS (WATER-LB (water), POTATO DICED 1/2" FROZ (potatoes, disodium dihydrogen pyrophosphate (to maintain natural color))), DRESSING MIRACLE WHIP PAIL (soybean oil, water, vinegar, high fructose corn syrup, sugar, egg yolks, modified food starch, salt, mustard flour, paprika, spice, natural flavor, dried garlic), DRESSING MAYONNAISE GAL (soybean oil, corn syrup, water, egg yolks, prepared mustard (distilled vinegar, water, yellow mustard seed), distilled vinegar, contains less than 2% of salt, calcium disodium EDTA to product flavor), EGG TOPPING DICED (hard cooked eggs, citric acid, sodium benzoate as a preservative), VEG CELERY 24 CT (celery), VEG ONION JUMBO YELLOW (yellow onion), CREAM H & H QUART (milk and cream), SUGAR GRANULES FINE (granulated sugar), MUSTARD DIJON G.P. 48 OZ (water, vinegar, mustard seed, salt, white wine, fruit pectin, citric acid, tartaric acid, sugar, spice), MUSTARD PREPARED GAL (water, vinegar, mustard seed, turmeric, spices), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEASON DILL WEED (dill weed), SEASON PEPPER GRD WHT (white pepper)

ALLERGENS: Milk, Eggs, Soybeans

Pasta Salad, Spring Garden

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 4 oz	Total Fat 12.5g	19%	Total Carb. 23.3g	
Amount Per Serving	Sat. Fat 1.9g	10%	Dietary Fiber 1.7g	7%
Calories 220	Trans Fat 0g		Sugars 4.6g	
Calories from Fat 112	Cholest. 3.7mg	1%	Protein 4g	
	Sodium 147.9mg	6%		
	Cals • Prot 6% • Carb			
	Fat 19% • Chol 1% • Sat Fat 10%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: MACARONI SHELLS, COOKED (WATER (water), PASTA SHELL MACARONI (durum wheat semolina, [enriched with iron (ferrous sulfate) and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)]), OIL CANOLA SALAD (canola oil)), VEG BROCCOLI FLORETS FRSH (broccoli), DRESSING COLESLAW GAL (high fructose corn syrup, soybean oil, vinegar, water, salt, contains less than 2% of egg yolks, mustard flour, xanthan gum, polysorbate 60, sorbic acid, calcium disodium EDTA (to protect flavor), natural flavor, artificial flavor, extractives of paprika), VEG RADISHES FRSH (radishes), VEG PEPPER GREEN BELL LARGE (green peppers), VEG CARROTS JUMBO FRSH (carrots), VEG CUCUMBER FRSH 50LB 60/70ct (cucumber), VEG ONION RED JUMBO (red onion)

ALLERGENS: Eggs, Wheat, Soybeans

Romaine Salad

Nutrition Facts

Serving Size 1 1/2 OZ

Amount Per Serving

Calories 9

Calories from Fat 1

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.1g	0%	Total Carb. 1.8g	
Sat. Fat 0g	0%	Dietary Fiber 0.9g	4%
Trans Fat 0g		Sugars 0.7g	
Cholest. 0mg	0%	Protein 0.5g	
Sodium 6.6mg	0%		
Cals • Prot 1% • Carb			
Fat 0% • Chol 0% • Sat Fat 0%			

INGREDIENTS: LETTUCE ROMAINE CHOPPED (lettuce), VEG CABBAGE RED HEAD FRSH (red cabbage), VEG CARROTS JUMBO FRSH (carrots)

ALLERGENS:

Rotini Supreme Salad

Nutrition Facts	Amount/Serving	%DV*	Amount/Serving	%DV*
Serving Size 3 2/5 OZ	Total Fat 0.7g	1%	Total Carb. 8.1g	
Amount Per Serving	Sat. Fat 0.1g	0%	Dietary Fiber 1.1g	5%
Calories 42	Trans Fat 0g		Sugars 2g	
Calories from Fat 6	Cholest. 0.5mg	0%	Protein 1.3g	
	Sodium 356.5mg	15%		
	Cals • Prot 2% • Carb			
	Fat 1% • Chol 0% • Sat Fat 0%			

* Percent Daily Values (DV) are based on a 2000 calorie diet.

INGREDIENTS: RAINBOW ROTINI, COOKED (WATER (water), PASTA RAINBOW ROTINI (durum wheat semolina, [enriched with iron (ferrous sulfate), and B vitamins (niacin, thiamin mononitrate, riboflavin, folic acid)], tomato solids, dried spinach), OIL CANOLA SALAD (canola oil)), VEG TOMATO RED GRAPE (grape tomatoes), VEG CUCUMBER FRSH 50LB 60/70ct (cucumber), VEG CARROTS JUMBO FRSH (carrots), DRESSING ITALIAN LIGHT GAL (water, soybean oil, vinegar, sugar, salt, contains less than 2% of garlic, garlic, parmesan and romano made from cow's milk cheeses (part skim milk, cheese culture, salt, enzymes), onions, xanthan gum, lemon juice concentrate, spice, phosphoric acid, red bell peppers, carrots, with potassium sorbate and calcium disodium EDTA as preservatives, caramel color), VEG ONION GREEN ICELESS (green onions), SEASON SALAD W/ROMANO (romano cheese from cow's milk (cultured pasteurized part-skim milk, salt, and enzymes), salt, sesame seed, poppy seed, paprika (as color), monosodium glutamate, spices, garlic powder, red pepper, and less than 2% silicon dioxide to prevent caking)

ALLERGENS: Milk, Wheat, Soybeans

Vegetables, Marinated

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 38

Calories from Fat 12

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 1.3g	2%	Total Carb. 6.3g	
Sat. Fat 0.1g	1%	Dietary Fiber 1.8g	7%
Trans Fat 0g		Sugars 1.9g	
Cholest. 2.1mg	1%	Protein 1.7g	
Sodium 522.5mg	22%		
Cals • Prot 3% • Carb			
Fat 2% • Chol 1% • Sat Fat 1%			

INGREDIENTS: DRESSING ITALIAN LIGHT GAL (water, soybean oil, vinegar, sugar, salt, contains less than 2% of garlic, garlic, parmesan and romano made from cow's milk cheeses (part skim milk, cheese culture, salt, enzymes), onions, xanthan gum, lemon juice concentrate, spice, phosphoric acid, red bell peppers, carrots, with potassium sorbate and calcium disodium EDTA as preservatives, caramel color), VEG BROCCOLI FLORETS FRSH (broccoli), VEG TOMATO RED GRAPE (grape tomatoes), VEG CAULIFLOWER FLORETS FRSH (cauliflower), VEG CELERY 24 CT (celery), VEG PEPPER GREEN BELL LARGE (green peppers)

ALLERGENS: Milk, Soybeans

Veggie Salad, Marinated Crunchy

Nutrition Facts

Serving Size 4 OZ

Amount Per Serving

Calories 116

Calories from Fat 2

* Percent Daily Values (DV) are based on a 2000 calorie diet.

Amount/Serving	%DV*	Amount/Serving	%DV*
Total Fat 0.2g	0%	Total Carb. 29.6g	
Sat. Fat 0g	0%	Dietary Fiber 1.5g	6%
Trans Fat 0g		Sugars 26.5g	
Cholest. 0mg	0%	Protein 1.1g	
Sodium 385.6mg	16%		
Cals • Prot 2% • Carb			
Fat 0% • Chol 0% • Sat Fat 0%			

INGREDIENTS: SUGAR GRANULES FINE (granulated sugar), VEG CUCUMBER FRSH 50LB 60/70ct (cucumber), VEG BROCCOLI FLORETS FRSH (broccoli), VEG CARROTS JUMBO FRSH (carrots), VEG ONION JUMBO YELLOW (yellow onion), VEG CAULIFLOWER FLORETS FRSH (cauliflower), VINEGAR WHITE GAL (white distilled vinegar (diluted with water to 5% acidity)), VEG PEPPER GREEN BELL LARGE (green peppers), SEASON SALT TABLE 25LB (salt, tricalcium phosphate, dextrose, potassium iodide, sodium bicarbonate, yellow prussiate of soda), SEED CELERY (celery seed)

ALLERGENS: